



Double ARC / NOFAS Ohio

Serving children with Fetal Alcohol Spectrum Disorders

3837 Secor Road
Toledo, Ohio 43623
419.479.3060
www.doublearc.org



For teens and their parents!

Social Skills for Teens 2011

The Social Skills for Teens Training focuses on parent-assisted social skills training with particular attention given to development of best friend relationships.

These classes are tailored for teens ages 13 through 17 with FASD. During the sessions the teens will learn communication skills, including electronic communication, choosing friends, sportsmanship, handling bullying, rejection, rumors, and gossip. They will practice the skills through behavior rehearsal and coaching to reduce negative behaviors and promote positive social skills. Simultaneously, parents are taught about core deficits of FASD that keep teens from making friends. They are also given the companion information to their teen's sessions so they can help their teen practice between sessions.

Social Skills for Teens Training is for teens ages 13 – 17
(both teen and parent/guardian need to attend each session).

Winter/spring 2011 series:

When: 14 Mondays – January 10, 17, 24, February 7, 14, 21, 28, March 7, 14, 21, 28, April 4, 11, 18.

Time: 5:30 – 6:30 p.m.

Where: Mary Immaculate School building (on the campus of the Sisters of Notre Dame)

Cost: \$199 / child

Social Skills for Teens Registration

Child _____ Parent _____

Address _____ City _____ State _____ Zip _____

E-mail _____ Phone _____

Amount enclosed _____ Where did you hear about these classes?

Registration and payment are due

Tuesday, January 6, 2011

Send this form with check to Double ARC,
3837 Secor Road, Toledo, Ohio 43623.

Questions: 419.479.3060 Ext. 2

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